

Amateur Cooking Classes SCAFA Lahore (2023)

Updated February 2023

Our short cooking classes are designed for enthusiasts, providing them with increased knowledge, skills and confidence to tackle the basics of a kitchen. It is one step before students want to jump into a more professional course. Classes change every weekend and repeat every 4-8 weeks. We update our classes bi-annually.

Our short classes include:

- Fundamentals of Cuisine (8 classes to choose from) Saturdays 3 PM 6 PM
- Fundamentals of Pastry (4 options to choose from) Saturdays 11 AM 2 PM
- World Cuisine (8 options to choose from) Saturdays 11 AM 2 PM

Fundamentals of Cuisine

Designed with the serious food enthusiast in mind, this series of skills-based classes provides a solid grounding in basic cuisine techniques and is designed for beginners who want to tackle the core cooking areas to manage a home kitchen. Enjoy exciting, interactive and action-packed classes with like-minded food enthusiasts. Decipher recipes and get to explore classical to contemporary culinary preparations, with an understanding to create outstanding dishes. Gain in-depth knowledge of the fundamentals of Classical Culinary Arts and craft classical and contemporary creations by adding your own twist the right way. In each class, we will start with the basic introduction to kitchen operations, and food safety, progress to learn how to accurately read recipes, plan, prepare, cook, and plate a wide range of appetizers, main courses, and side dishes. Schedule and timings mentioned below (*unless there are any internal changes which will be shared by message):

	Saturday, February 18, 2023	Saturday, February 25, 2023	Saturday, March 18, 2023	Saturday, March 25, 2023	Saturday, April 1, 2023	Saturday, April 8, 2023	Saturday, April 15, 2023	Saturday, April 22, 2023
.30	Fish	Shellfish	Salads - Knife Skills	Soups - Knife Skills	Eggs	Poultry	Red Meats	Pasta
ng 5:3	Battered Fish / Tartare Sauce	Prawn Fricasee	Olivier Salad	Roasted Tomato Soup	Scrambled Eggs	Debone Whole Chicken	Smash Burger	Pasta Dough / Sauces
	Asian Fish Rolls	Pil Pil Prawns	Roast Potato Salad	French Onion Soup	Spanish Omelet / Tortilla Espana	Stuffed Chicken Leg / Tuscan Sauce	Steak / Creamed Spinach	Lasagna
FOC S Tim PM -	Pan-Fried Fish / Lemon Butter	Calamari	Caesar Salad	French Bread	Shakshuka	Breaded Chicken	Hasselback Potatoes	Ravioli
	Saturday, April 29, 2023	Saturday, May 6, 2023	Saturday, May 13, 2023	Saturday, May 20, 2023	Saturday, May 27, 2023	Saturday, June 3, 2023	Saturday, June 10, 2023	Saturday, June 17, 2023
	Fish	Shellfish	Salads - Knife Skills	Soups - Knife Skills	Eggs	Poultry	Red Meats	Pasta
Clas 2:30	Battered Fish / Tartare Sauce	Prawn Fricasee	Olivier Salad	Roasted Tomato Soup	Scrambled Eggs	Debone Whole Chicken	Smash Burger	Pasta Dough / Sauces
5: 0	Asian Fish Rolls	Pil Pil Prawns	Roast Potato Salad	French Onion Soup	Spanish Omelet / Tortilla Espana	Stuffed Chicken Leg / Tuscan Sauce	Steak / Creamed Spinach	Lasagna
	Pan-Fried Fish / Lemon Butter	Calamari	Caesar Salad	French Bread	Shakshuka	Breaded Chicken	Hasselback Potatoes	Ravioli

Fundamentals of Pastry

Enhance your confectionery, baking and patisserie skills with an absolute focus on detail, precision and product creativity to get the fundamentals and techniques right. Learn from our inhouse experienced chefs to craft foundational pastry and bakery items. For more advanced sessions we offer modular classes as part of the Pro Pastry program. Saturday sessions are from 11 AM – 2 PM and the schedule can be seen below:

		Saturday, February 18, 2023	Saturday, February 25, 2023	Saturday, March 11, 2023	Saturday, March 18, 2023	Saturday, March 25, 2023	Saturday, April 1, 2023	Saturday, April 8, 2023	Saturday, April 15, 2023
S	8	Bread - Basic	Bread - Enriched	Dougnuts	Choux Pastry	Bread - Basic	Bread - Enriched	Dougnuts	Choux Pastry
<u> </u>	2:	Tortilla	Focaccia	Doughnut Dough	Eclairs	Tortilla	Focaccia	Doughnut Dough	Eclairs
_ :=	1	Pita	Pizza	Ganache Filling	Churros	Pita	Pizza	Ganache Filling	Churros
글 드	$\geq \geq$	Fillings	Toppings	Salted Caramel	Chocolate Galze and Cream	Fillings	Toppings	Salted Caramel	Chocolate Galze and Cream
E L	A P	Saturday, April 29, 2023	Saturday, May 6, 2023	Saturday, May 13, 2023	Friday, May 20, 2022	Saturday, May 27, 2023	Saturday, June 3, 2023	Saturday, June 10, 2023	Saturday, June 17, 2023
SS	0	Bread - Basic	Bread - Enriched	Dougnuts	Choux Pastry	Bread - Basic	Bread - Enriched	Dougnuts	Choux Pastry
<u>re</u>	Ö	Tortilla	Focaccia	Doughnut Dough	Eclairs	Tortilla	Focaccia	Doughnut Dough	Eclairs
O	11	Pita	Pizza	Ganache Filling	Churros	Pita	Pizza	Ganache Filling	Churros
		Fillings	Toppings	Salted Caramel	Chocolate Galze and Cream	Fillings	Toppings	Salted Caramel	Chocolate Galze and Cream

World Cuisine

This program is meant for students who want to learn new cuisines they love and prepare them at home again and again. We have chosen popular cuisines that we feel students want to learn and practice at home. Make your own spin on world cuisine favourites such as sushi, pasta and much more. See schedule and timings below:

	Saturday, February 18, 2023	Saturday, February 25, 2023	Saturday, March 11, 2023	Saturday, March 18, 2023	Saturday, March 25, 2023	Saturday, April 1, 2023	Saturday, April 8, 2023	Saturday, April 15, 2023
s S	China	Pakistan	Vietnam \ Korea	India	Italy	Mexico / Spain	Thailand	Middle East
i	Chinese Broccoli Chicken	Sindhi Biryani	Summer Rolls	Butter chicken	Bruschetta	Patatas Bravas	Yam Woon Sen	Pide & Pita
i sia rije i i	Egg Fried Rice	Seekh Kebab	Peanut Sauce	Garlic Nann	Risotto	Chicken Fajitas & Tortillas	Green Curry Chicken	Flavoured Hummus
ਹ .≌ ⋝ ⋝	Sweet & Sour Soup	Aloo Gobi	Korean Fried Chicken	Chicken Tikka	Panna Cotta	Sour Cream & Salsa	Pad Thai	Fateh
	Saturday, April 29, 2023	Saturday, May 6, 2023	Saturday, May 13, 2023	Saturday, May 20, 2023	Saturday, May 27, 2023	Saturday, June 3, 2023	Saturday, June 10, 2023	Saturday, June 17, 2023
SS O	China	Pakistan	Vietnam \ Korea	India	Italy	Mexico / Spain	Thailand	Middle East
8 E 6	Chinese Broccoli Chicken	Sindhi Biryani	Summer Rolls	Butter chicken	Bruschetta	Patatas Bravas	Yam Woon Sen	Pide & Pita
≥ 0 11	Egg Fried Rice	Seekh Kebab	Peanut Sauce	Garlic Nann	Risotto	Chicken Fajitas & Tortillas	Green Curry Chicken	Flavoured Hummus
	Sweet & Sour Soup	Aloo Gobi	Korean Fried Chicken	Chicken Tikka	Panna Cotta	Sour Cream & Salsa	Pad Thai	Fateh

Rates

1 Class	8,550	Classes are NON-REFUNDABLE - Classes missed OR SAME DAY CANCELLATION will be
4 Classes	32,450	VOID and cannot be used again. This is the school policy. If there is a legitimate reason for
8 Classes	61,550	missing a class, in order to reuse session PKR 1000 missed class fee needs to be paid
12 Classes 82,150	before attending the class. Legitimate reason will be doctors note proof. Age limit to attend classes is minimum 14 y/o. Classes will be updated for July 2023. Classes bought in amateur series can be used towards Pro Program fee, i.e. deducted from the Pro Course Fee.	

There are no further discounts for amateur classes. Please note this is a training basic course – no certification is provided. Should you have any further questions, please let me know.



Culinary Regards,

Dir. Alisha Janine Haque-Burns